

AMBRA R BORN, PsyD, LP (PSY-3519)

720-347-8836

ambra.born@reachinghope.org

EDUCATION

The Chicago School of Professional Psychology, APA Accredited August 2006-September 2009
Doctorate of Psychology in Clinical Psychology, Child and Adolescent Track

The Chicago School of Professional Psychology August 2004-June 2006
Master of Arts in Clinical Psychology

Colorado State University August 1998-August 2002
Bachelor of Science in Psychology

CLINICAL EXPERIENCE

Reaching HOPE (Healing through Outreach, Prevention, & Empowerment)
Executive Director / Co-Founder

Commerce City, CO
November 2010-Present

- **BUSINESS AND ADMINISTRATIVE:** Oversee day-to-day running of Reaching HOPE. Includes grant writing, networking, donation seeking, marketing, web design, billing, and client electronic medical records for 501(c)3 organization. Includes Family Trauma Recovery Program and Connected Cup program.
- **SUPERVISION:** Provide supervision of all therapy cases seen at Reaching HOPE. Support doctoral trainee's in their professional and clinical development. Plan and implement weekly didactic training.
- **INDIVIDUAL, FAMILY, GROUP THERAPY:** Co-Developed Reaching HOPE model of Trauma which provides a completely unique approach to trauma treatment that addresses both evidence based individual therapy needs, as well as addressing the larger family system needs that allow an entire family to heal and find safety and stability. Provide therapy services to children, adolescents, families, and front line workers with history of trauma and exposure and vicarious trauma using this model.

A Home Within
Clinical Director, Denver Branch

Denver, CO
December 2010-2013

- **COORDINATION, OUTREACH, CONSULTATION:** Direct Denver Branch of AHW. Recruit senior level clinicians, therapists in private practice, and children and/or adults who have been involved in foster care system. Therapists receive consultation from senior level clinicians and provide weekly pro-bono therapy services to individuals with history of foster care involvement.

***Community Reach Center
Thornton Outpatient Team***

***Thornton, CO
October 2009-June 2011***

Outpatient Therapist

- **INDIVIDUAL, FAMILY, COUPLES THERAPY:** Provide short and long-term therapy to culturally diverse individuals ages seven years through adulthood in a multidisciplinary community mental health setting. Primarily state funded services with diagnoses including severe and persistent mental illnesses, PTSD, mood and anxiety disorders, and comorbid developmental delays.
- **GROUP THERAPY:** Lead parenting group, social skills groups for children with mental illness and children with mental illness and comorbid developmental delays/ Autism Spectrum Disorders
- **LEADERSHIP:** Serve on chart review committee aimed at ensuring overall employee compliance with agency and state/federal legal requirements.

***Jewish Child Care Association
Foster Boarding Home Division***

***Bronx, NY
September 2008-August, 2009***

Predoctoral Intern

- **INDIVIDUAL THERAPY:** Conducted long-term individual therapy with culturally diverse children and adolescents aged 3-20 years currently in foster care. Primary diagnoses include PTSD, attachment related, and behavioral disorders.
- **GROUP THERAPY:** Led parenting group for teenage parents in foster care and their infants and toddlers.
- **PSYCHOLOGICAL EVALUATIONS:** Conducted brief and full psychological evaluations and completed yearly behavioral assessments on children and youth in foster care.

***Alexian Brothers Behavioral Health Hospital
Child and Adolescent Inpatient Unit
Advanced Practicum Extern***

***Chicago, IL
August 2007-June 2008***

- **INDIVIDUAL AND FAMILY THERAPY:** Conducted individual and family therapy with culturally diverse youth in an inpatient psychiatric hospital. Conducted longer-term individual therapy with clients who transitioned to the partial hospitalization program. 5 months spent in child unit, ages 4-12 years, and 5 months spent in the child partial hospitalization program. Diagnoses of youth include mood, anxiety, psychosis, attachment related, and attentional.
- **GROUP THERAPY:** Lead and/or co-lead the following groups: process; skills; psychoeducation; and goals groups. Participated in spirituality and expressive therapy groups with hospital Chaplin, movement and art therapists.

*Advocate Illinois Masonic Medical Center, Pediatric
Developmental Center
Therapy Practicum Extern*

*Chicago, IL
July 2006 – June 2007*

- **INDIVIDUAL AND FAMILY THERAPY:** Provided individual and family therapy for culturally diverse children age 3-13, who have developmental concerns and/or behavioral disorders in a multidisciplinary outpatient clinic. Presenting diagnoses included speech delay/disorder, sensory integration deficits, mental retardation, autistic spectrum disorders, and attention deficit/hyperactivity disorder. Additionally, clients presented with aggressive behaviors, anxiety, difficulties with social interaction, and depression.
- **GROUP THERAPY:** Co-led therapy groups including: social skills (children with autism, asperger's, aggression), sensory/speech/behavioral, and parent training groups for children with autism or behavioral difficulties.

*Children's Research Triangle
Diagnostic Practicum Extern*

*Chicago, IL
September 2005-June 2006*

- **DIAGNOSTIC AND ASSESSMENT:** Conducted psychological and diagnostic assessments with internationally and domestically adopted children and adolescents, aged 3-13 years with prenatal alcohol and/or drug exposure and a history of attachment disruptions, abuse and/or neglect in a not for profit clinic. Common disorders included posttraumatic stress disorder, attention deficit/hyperactivity disorder, sensory integration difficulties, and developmental disorders.
- **PSYCHOLOGICAL TESTS ADMINISTERED:** Tests administered include: WISC, WPPSI, WIAT, Leiter, KBIT, WRAML, WRAT, Robert's TAT, TAT, Children's Color Trails, Wisconsin Card Sorting Test, VMI, Rorschach, projective drawings, and various parent, teacher, and self report checklists.
- **GROUP THERAPY:** Co-led social skills group for latency-aged children, focused on improving social skills and addressing adoption related issues.
- **SUPERVISION AND DIDACTIC TRAINING:** Attended weekly group and individual supervision. Didactic training opportunities included observing Theraplay supervision, clinical seminars, and case presentations in group supervision and with consulting child psychiatrist.

CLINICAL CERTIFICATIONS

Trauma Focused Cognitive Behavioral Therapy

*Parent Child Interaction Therapy
(Anticipated Completion 2020)*

TEACHING/TRAINING EXPERIENCE

*Regis University, MFT and MCPY programs
Affiliate Faculty*

*Broomfield, CO
2012-2013*

COURSE INSTRUCTION: Teach Masters level courses for Marriage and Family Therapy and Masters in Counseling Psychology programs. Courses include Family Origins; Human Growth and Development; Trauma, Grief and Loss; and Gender and Sexuality.

*University of Denver, Professional Psychology Clinic
Clinic Affiliate*

*Denver, CO
June, 2011-Present*

Provide community based clinical supervision for University of Denver, Graduate School of Professional Psychology PsyD students in various levels of training.

*Workshop Presenter
Breckenridge Free Ride Transit System
Stress management for Transit Workers*

*Breckenridge, CO
December, 2011 & 2012*

*Workshop Presenter
Nurturing Adolescent Families: Supporting those who support young
parents
Relationship Violence Among Adolescent Parents: Considerations for
providers*

*Northglenn, CO
October 20 & 21st, 2011*

*Guest Lecturer
University of Northern Colorado, MA program
Prof. Libbi Palmer, PsyD
Trauma-Community Mental Health and Disaster Response*

*Denver, CO
August, 2011*

*Guest Lecturer
Regis University, MA program
Prof. Mark Palmer, PhD
Trauma Responses/Complex Trauma*

*Denver, CO
September, 2011*

*Michael Gaubatz, PhD
Faculty Assistant, The Chicago School of Prof.
Psychology*

Chicago, IL

Assisted with preparing course material, grading, and gathering materials for future book publishing

RELEVANT WORK AND VOLUNTEER EXPERIENCE

***Community Reach Center
Disaster Response Team***

April 2010-June, 2011

Respond to local natural and/or man-made disasters and provide psychological first aid as needed to survivors and responders.

***Third Way Center
Mental Health Counselor***

***Denver, CO
October 2002-June 2004***

Worked full time in a residential treatment center for adolescents age 12-20 years and their children, aged infancy through 5 years. Six months was spent working in the Teen Mother program, assisting with parenting skills, life skills, and milieu management. The remainder of the time was spent in the Independent Living program, assisting with independent living skills and milieu management.

Additional responsibilities included co-facilitating an independent living group that included a focus on job skills, relationships, sexual health, apartment maintenance, and money management.

***CASA of Adams and Broomfield Counties
Court Appointed Special Advocate, Volunteer***

***Brighton, CO
August 2002-August 2004***

Advocated in court for the needs of abused and neglected children involved with the Adams County Department of Social Services. Submitted written reports and orally provided findings to the courts, based on interviews with the children, parents, doctors, teachers, and other individuals relevant to the needs of the children

***The Spot, An Urban Youth Center
Co-Facilitator, Woman's Group, Volunteer***

***Denver, CO
June 2002-June 2003***

Co-facilitated a group for women ages 14-24 years of age. Topics included sexual health, relationships, multiculturalism, money management, self-confidence, and w o m e n ' s rights.

***Larry Pugel, PhD
Undergraduate Internship***

***Broomfield, CO
January 2002-June 2002***

Internship with a licensed clinical psychologist in his private practice. Gained insight into the business and therapeutic workings of a private practice.

RESEARCH EXPERIENCE & PUBLICATIONS

Relationship Violence and Teenage Parents
Journal of Infant, Child and Adolescent Psychotherapy
Published article

December, 2012

The Relationship between Humans and Animals in
Animal Assisted Therapy: A Qualitative Study
Dissertation

Chicago, IL 2009

Conducted a grounded theory study with original data, focused on the relationship between animals, providers, and clients in animal assisted therapy.

COMMITTEE AND BOARD MEMBERSHIP

Nurturing Adolescent Families: Supporting those who support young
parents
Conference Chair

Northglenn, CO
October 20 & 21st, 2011

Chaired conference co-sponsored by Reaching HOPE, A Home Within, How To Read Your Baby, American Psychological Association (Div 39, Sect II) dealing with issues facing adolescent parents.

Nurturing Adolescent Families: Supporting those who support young
parents
Presenter: Relationship Violence Among Adolescent Parents:
Considerations for providers

Northglenn, CO
October 20 & 21st,
2011

Co-presented on prevalent concerns and treatment considerations for working with adolescent parents involved in a violent intimate relationship.

How to Read Your Baby
Board Member, Board President

Brighton, CO
September, 2007-March, 2013

How to Read Your Baby is a non-profit organization that promotes healthy emotional relationships between parents/caregivers and young children through educational programs.

**2007 Chicago School of Professional Psychology Cultural Impact
Conference
Student Committee Member**

**Chicago, IL
September, 2007**

Collaborated with fellow students on student planning committee, acted as liaison for speaker, and collected community resources and information for student information.

ADDITIONAL SKILLS AND CERTIFICATIONS

Computer Skills

Advanced proficiency in Windows, Microsoft Word, Excel, PowerPoint, Outlook, iWork
Training in FileMaker