

# NEWSLETTER



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### Meet the Team:

#### Ambra Born | Executive Director & Co-Founder

Dr. Ambra Born, co-founder of Reaching HOPE, is a Clinical Psychologist who specializes in working with child, adolescent, and family survivors of complex trauma. Ambra believes in people's ability to recover from adversity and become stronger because of every life event. Her experience has taught her that holding onto hope and staying connected to our healthy support systems is the best way to overcome obstacles and emerge with more confidence, resiliency, and hope.

Ambra received her PsyD in Clinical Psychology, Child and Adolescent Track from The Chicago School of Professional Psychology in 2009 and has been working with trauma survivors for the past 20 years. She enjoys her role as Executive Director because the team at Reaching HOPE, other organizations doing incredible work in the community, and all the extraordinary clients she gets to work with.

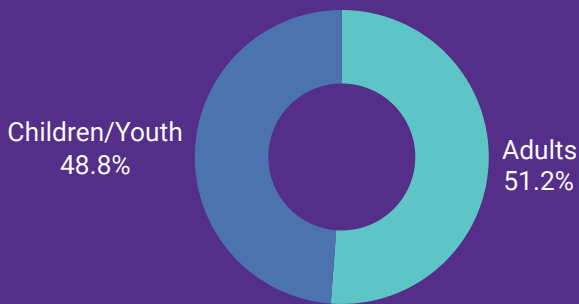
# A YEAR IN REVIEW 2023



11/12/2023 - Reaching HOPE Birthday Party!

*In 2023, Reaching HOPE had a larger impact than ever before.*

We provided mental health services to over 300 individuals across the state of Colorado. About 49 % of whom were children and youth.



We received the following feedback from families we served in 2023:

*“Reaching Hope has been an amazing support for me and my family!”*

*“I have never felt better about the decision to go to therapy.”*

*“Reaching HOPE has literally saved my life and helped me grow as a parent. We still have a long road ahead of us but I can’t imagine where we’d be without Reaching HOPE!”*

2023 was a year of change and expansion for the Reaching HOPE team! We successfully moved into our new office space at 2090 E 104th Ave. (Units 201 & 303) in Thornton, CO 80233.



We hosted several events in our community, including the first annual Reaching HOPE Birthday Party!

Reaching HOPE also launched the Brighton Police Department’s Mental Health Co-Responder Program.



[LEARN MORE ABOUT THE PROGRAM HERE](#)



Lastly and most invaluable, we grew our team with a Bilingual Community Engagement Coordinator and Bilingual Licensed Psychologist!



# Upcoming Events

## Reaching HOPE Family Art Night!

Date: June 22, 2024 | Time: TBD  
2090 E 104th Ave. Thornton CO, 80233



## Reaching HOPE's 14th Birthday Party

Date: Fall 2024 | Time: TBD  
2090 E 104th Ave. Thornton CO, 80233



# WHATS NEW IN 2024

Reaching HOPE expanded its office space in August 2023. This expansion has increased the number of families the agency can see in person, while also increasing space for new programming!

## *Before*



With the help of several grant-opportunities, community support, and individual donors, Reaching HOPE was able to furnish and begin making ADA-renovations to its new office space during the first quarter of 2024!

## *After*



Follow us on social media to stay up-to-date on the latest news!

